



Amy Carroll is a Swiss American coach, trainer, speaker, and author with over 30 years of experience in human behaviour and communication. As founder of **Carroll Communication Coaching**, she works with multinational clients to strengthen leadership, emotional intelligence, and interpersonal effectiveness.

Specialising in helping leaders shift from reactive communication to an intentional, influential presence, Amy uses the Partner Mindset and the **Predator, Prey, Partner®** framework*, to build trust, inspire confidence, and drive results through clear, confident, and empathetic communication.

Drawing on her psychology background and early career in psychiatric, managed care, and educational settings, Amy combines depth with practicality. She is a Master Practitioner of NLP, a CoachU graduate, and a member of the International Coach Federation.

Her highly customized, action-oriented programs build on strengths, address blind spots, and create real behavioural change. Known for her playful, direct, and laser focused style, Amy integrates role play, video feedback, and live observation to help clients quickly gain awareness and develop new habits. She partners with organizations to deliver tailored coaching that supports leadership development, builds psychological safety, and expands leadership capacity, creating lasting, measurable change.

When clients request enhanced coaching support, Amy works with a skilled team of co-trainers and coaches, offering variety in coaching styles and additional resources to maximize impact. Her ultimate goal: to help leaders elevate emotional intelligence and become high impact Partners, capable of connecting, influencing, and performing at the highest levels.

Carroll Communication Coaching clients include: Alcon, Alnylam, Amgen, A.P. Moller-Maersk, Axpo, Baltic Management Institute, Baxter, Baxalta, Cisco Systems, Dow, Dupont, Duracell, Eaton, Edwards School of Business, Ernst & Young, European Stability Mechanism, Ferring, Google, HEC Lausanne, Hewlett Packard, Hewlett Packard Enterprise, IMD, iOnctura, Merck Serono, Medtronic, Microsoft, Medicines For Malaria, Nestlé, Nespresso, Novartis, Parker, P&G, Recordati, Saatchi & Saatchi, Shell, Shire, Swiss Post, Takeda, TomTom, UBS, United Nations, Varian and World Economic Forum.

Amy's book: The Ego Tango, is a portable coach, illustrating the 7 Partner mindset techniques through entertaining and educational real-life stories, to help people get more of what they want, more often with less hassle!

* The Predator Prey or Partner® model is licensed content created by Pat Kirkland of Pat Kirkland Leadership Inc. Founded in 1990, PKL (patkirklandleadership.com) is a company with a purpose, the "soul" purpose of creating a world that works together better. Its business mission is to offer practical, powerful communication programs teaching people how to transform their work relationships by changing how they communicate.